



CNH KEY CLUB

Volume 1 Issue 3

THE CNH KEY

LETTER FROM THE EDITOR

HEY CNH KEY CLUBBERS!

I hope you all have been enjoying your summer break! As summer comes to a close and schools start, let's kick the future of Key Club into gear: our incoming freshman! Recruiting is the highlight of August & September because new members are critical in order to keep Key Club up and running. So get the music playing, the flyers passing, and the freshman signing!

On another note, keep sending those articles in! I was very happy to see a huge batch waiting on the 15th! Unfortunately though, with the increasing amount of articles flooding in, I've begun to pick & choose articles. However!, this should not discourage you but rather encourage you to write even better articles! I will be sending out more tips for the District Newsletter, so do stay tuned!

If you haven't noticed, the CNH Key is PURELY Graphic Standards from the layout to the font to the colors! If you want to create newsletters, articles, brochures, etc, I really recommend you to use Graphic Standards. You can find some templates on here:

<http://slp.kiwanis.org/KeyClub/fad/Templates.aspx>

Please refrain from printing this newsletter out to conserve paper. Keep a digital copy to use as reference throughout the year or email your clubs to let them know about it! This is for R (Reduce Global Warming) of our DP, C.A.R.E!

Don't forget to continue serving our communities while getting in those new members!

If you have any questions, don't hesitate to email me at cnh.dte0910@gmail.com.

Buzzin' with service,

Hillary Yuan



AUGUST TOPICS

1. Your favorite summer event so far
2. Your Officer Training Conference
3. Great Membership drive ideas for Back to School.
4. What you're looking forward to: RTC, Fall Rally, DCM?

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Eppie's Great Race #36

How's summer KEY Clubbers? On July 18th, our club participated in Eppie's Great Race #36. Before school even ended, our club board at Laguna Creek High School was already talking about this event!



Arriving early morning around 8:00 AM, our members slowly gathered around the volunteer booth. We came across Monterey Trail and Franklin High School filling out the forms for participation. Not only is summer good for spending time with awesome KEY Clubbers and community service, but it's the time of free t-shirts! Each one of us quickly put on the volunteer shirt and took a group picture. Wandering past the many tents' of sponsors, we met up with our race leader.

Our assignment for the race was to help with the watercrafts; bringing them ashore and carrying them to the grass for the race participants. The water was absolutely freezing! Goose-

bumps ran across my arms. It didn't help either when friends constantly splashed the river water as we waited for the incoming racers. The first tri-athlete came rushing for the finish line, following with other racers gradually. At first, the job was easy- a column of about 100 volunteers across the shore passing down five kayaks at a time. "This is a piece of cake!" volunteers took turns saying. Sadly, they were all wrong. Three; five; ten; fifteen! So many watercrafts started coming in simultaneously!



There were too many watercrafts coming in at a time! A lot of the people in the water had to spread out, passing the watercrafts across big gaps. KEY Clubbers from our division took the initiative to help the strong people carry the kayaks out of the river. I was too weak! I needed constant aid, and I even slit my thumb across a blade of a kayak.

After probably 2,000 watercrafts, we were "finished." Not quite! After a quick

lunch offered by the race staff, it was back to work. The race staff assigned the volunteers with clean up. Clean up at an event usually goes fast, if only there aren't over 3,000 people there! Nonetheless, we cooperated with one another as we did the task- cleaning the finish line, putting the equipment away, popping balloons, etc.



What was the award of helping past our shifts; free time! Many of the members took the time to relax and check out the many booths. Some even played the free games and others helped with face painting! Although this is simply a summarization of what we did, we did much, much more. Come join us next year monsters, and I'm sure it will be a blast!

Paul Kim | DIVISION 41S | Trabuco Hills High School

Lake Forest July 4th Pancake Breakfast

It was exactly 16 days after the greatly anticipated summer vacation had commenced. Of course, I was already hopelessly locked in the vicious cycle of sleeping late and waking up even later. However, a friendly reminder in my e-mail made me realize [that] I would be attending the Lake Forest July 4th Pancake Breakfast. So, faithfully I woke up around 5 a.m. to get ready for a wonderful day of community service. Although, it was rather an early time of the day to be awake, I saw that many of our members came and were, most importantly, happy and content to be there. That was a

great inspirational boost that started the frenzy of setting up the tables for the future hungry pancake-seekers. The best part of it was that, none of [us] were sulking, we were having fun and overjoyed that we [were] doing something to help the community even during the summer vacation. As the morning's first customers arrived, we were in our stations, ready to serve and smile. The line that started very slowly became a long line which reached all the way to the other side of the parking lot. The cooks were flipping pancakes, some of us were giving out tickets, many others were running back and forth to get pancakes and sausages on plates, few of us

were pouring syrups and butters and all of us were having fun out of all frenzy. As the line dwindled down to a few late customers, we started to feel the exhaustion; the exhaustion that was pushed to the back of our mind by the excitement of volunteering to serve hot and fluffy pancakes. The end of the event was very bitter-sweet like a dark chocolate as we were relieved that we were done running around with pancakes but we still haven't had our fill of community service yet. We will always be hungry for more chances at helping our community during the summer!

Teresa Nguyen | DIVISION 4N | La Quinta High School

Summer Concert in the Park

Standing in the hot sun, moving back and forth the wooden poles that blocked the road, this seems like a boring job doesn't it? It's actually not at all! I helped move aside the poles in which reserved parkers were able to enter in and park their cars. Was this the only job? Of course not!

Afterwards, the Fountain Valley Recreational workers along with the Key Club members helped assisted in putting away cones and the poles into the designated area.

When we finished this task, we joined together with Fountain Valley Key

Club and Los Amigos Key Club to help

" Serving the community and making sure everyone was having a good time at the park was priceless. "

-Jenny Du

run the activities and games such as the tug-of-war, the parachute, and the sack races. It was fun to interact with the chil-

dren present as we joined in their teams for the sack races.

After the event was finished, we did not go home yet. First off, we helped set down the tables and stacked the chairs, picked up trash, and moved them into the designated areas for use for the following weeks. It was great hearing music played by others and it was a great experience to come out and just help others over the summer.

STEPHANIE NGUYEN | DIVISION 04N | GARDEN GROVE HIGH SCHOOL

Fireworks Stand

Hey fellow Key clubbers! So, guess how I started off my Fourth of July? By working at the Stanton Fireworks Stand! When I arrived at the fireworks stand, I was assigned to greet the customers and hand them a brochure. It was nice seeing all the families and friends coming together to buy some fireworks to celebrate Independence Day. Afterwards, I was as-

signed to a new job, putting on tattoos for the little kids. It made my heart warm just seeing their little smiles and hearing their laughter. My fellow otters and I carefully applied tattoos on the little kids. Then, our next job was to walk around passing out flyers in the shopping centers close to the fireworks stand. We were pretty successful because we managed to get more customers to come and buy fire-

works. The customers were more than happy to buy fireworks because the profit went to the Kiwanis of Stanton who will donate the money to different charities. Overall, it was a nice way to start off my Fourth of July because I was able to give back to my community and have fun while doing it. Happy Fourth of July!

Stefan Tian | DIVISION 34 South | Los Altos

Day and Night

Hey CNH Key Club! This is Stefan Tian, Vice president of Los Altos High School KEY Club of Division 34 South! GO PENGUINS!! AWHOO <34. Last Friday, on August 14th, I, along with a group of other people from Key Clubs throughout my division hosted the Day and Night Dance at the Los Altos Youth Center. This Charity dance was intended to raise money for PTP, Pediatric Trauma Prevention, and 100 percent of our proceeds went directly to it! The initial planning of this event was a challenge, but I was glad to have the help and support of my fellow Key Clubbers. One of the things I love about Key Club the most is that it doesn't matter what school or area you come from, but you can receive the help of your fellow Key Clubbers as if they were your very own family. Slowly, the process of making

the dance were all falling into place as the venue was soon booked and the DJ set. Before OTC, Officer Training Conference, one of our committee members made this incredible flier advertising our dance!



At OTC, we handed out the fliers to each individual LTG and they began to advertise the dance to the key clubbers of their division. They day of the dance, over 200 people from all across the Bay Area showed up!

And there ain't no party like a Key Club party :) Afterwards, I was confronted by the DJ and administrative officials who rented me the facility and they both said that they thought what we did was an amazing thing and they wished there would be more kids like us being so actively involved in our community. Good job Key Clubbers! See you later CNH!

DCM, RTC, FALL RALLY?

DCM: 2

Lance Williams | DIVISION 19N | Gardena Key Club

So what is it that I am looking forward to the most? DCM of course, Divisional Council Meeting are basically what I live for besides the community service of course.

MY DCM HISTORY

I figure before I tell you why I am looking forward to DCM so much I should give you an insight into my history with DCM's....

Lets take a [look] back to January 2007. It was a pretty sunny Saturday and I was in 8th grade attending Peary Middle School. I had an older cousin who was in Gardena Key Club and he invited me to [a] DCM. I thought to myself "why not". When we arrived we were early and met the amazing Carolina (Lina) Mendoza. She was so cool and we learned so much at [the] DCM I thought I so have to join Key Club. In 9th grade I attended Gardena High

School but sadly wasn't able join Key Club, but that all changed sophomore year! At my first Key Club Event (Baby Show at Nakaoka Center) I enjoyed myself so much that I didn't want to leave. Luckily, I didn't have to because there was a DCM scheduled right after the baby show! I have not missed a DCM since.

MY FAVORITE DCM

It would have to be the DCM/CPK Fundraiser. It combined two of my favorite things, Key Club and Food. I remember sitting next to Alex, Alejandra, Chi, Beverly, Jonathan, and Anh. At this DCM we meet the LTG candidates and I also met some really cool new people (Abby, Antoinette, Ismael, and Dilma). This solidified my love of DCMs.

WHY I AM LOOKING FORWARD TO THE NEXT DCM?

I guess it's time I get to the actual story so here it is! DCMs are so cool now because our new LTG Diana is so much fun. Our

DCMs always start off with some funky ice breaker like ninja. Diana always entertains us while being informative; it's so cool. We also have the love box, a box in which we can drop notes to be read out loud by Diana. At DCMs my home club is usually represented by Myself, Chi, Alex, Kelly, and Anh. Familiar faces include Kim, Naomi, Sarah, Abby, Edlyn, AJ, Charles aka Charlie, and Ismael. I enjoy spending the hour and a half of DCM with these people. At the end it's kind of bittersweet because I have to say goodbye to all the division 19 north key clubbers but then I get happy when I think about how I will see them the Next month. Hopefully, I don't miss any future DCMs.

-Lance Williams

RTC: 2

VICTOR VO | DIVISION 12W | WESTMONT

AHHHH. Another summer comes to an all to quick end, as the school year creeps up behind you once again. You scramble to start the AP work that's been hiding underneath your desk, a reminder that it's time to get back to the real world. Well, that's what happened for me anyways!

I've gotta say, this summer has been one of the best I've ever had. From road trips to amazing events, such as Officer Training Conference and Relay for Life, it's been a non-stop blast this summer! I'd like to personally thank each and every one of you who attended Region 17's OTC at Half Moon Bay. We had quite a scare with the sudden location change, but even through that, over 200 key clubbers gathered at the beach to

have some fun in the sun and learn about key club! I know this OTC will be unforgettable for most of you all, ranging from the dolphin incident *ahem* to the amazing sand sculptures built by the bay.

Now that the school year is starting up again and summer comes to a close, what else is in store for the year?

Well...

Get ready to experience RTC 2009 At Camp Jones Gulch (for Regions 17, 15, and 5)! Come join hundreds of key clubbers in a night of camping fun! You'll be staying in log cabins with your friends, and even new people you've never met before!

[Mark the date: Sept 26th - 27th](#)

That's right, it's during the school year! So if

you're one of those people who've been dreading the start of school for the longest time, and need a couple more days of "Summer", this is the event for you!

I, myself, cannot wait for RTC! After experiencing last year's terrific campfires and night hike fun, I am totally stoked for this year's. It really is a great way to bond with some of your friends while meeting new people! And of course, there's always the dance to look forward to!

So...

Get ready for a fantastic year key clubbers! I hope to see most of you at Region 17's, 15's, and 5's RTC!

-Victor Vo

DCM, RTC, FALL RALLY? cont'd

FALL RALLY: 4

Yes! Fall Rally!

Since the moment I got home, I have been eagerly awaiting Fall Rally North 2009. And I'm not exaggerating. The excitement and spirit that comes out of Fall Rally cannot be eclipsed by any divisional or regional social, club meeting, and not even District Convention can outshine Fall Rally, when it comes to spirit!

Part of all the excitement of Fall Rally comes in the planning of it. We get to see the release of our new divisional T-shirt, complete with a matching spirit pack! There are always cheer training



sessions, where clubs within our division will fight it out in spirit battles. There's something so enthralling about the cheers that makes me happy every time I hear one. Key Clubbers, how do you feel?! I'm feeling good, of course!

As a freshman last year, Fall Rally was only my fourth Key Club event, and it was unforgettable. Maybe it was the exposure to the cheering crowds, to the

executive board and LTGs, or to the good feeling that we get when we know we're helping a good cause (PTP), but Fall Rally got me hooked to Key Club. I can't wait, this year, to bring all the incoming freshmen, excited sophomores, and other new members to Fall Rally, where they too, might just get as excited about Key Club as I was!



I look forward to everything about Fall Rally - the bus ride there, when we practice our cheers; the auctioning off of the LTGs and the speeches about PTP; the time we get to spend at the amusement park. The only thing I don't look forward to is having to leave after a great day. Yet, what I look forward to most this year is the auctioning off of the LTGs and Execs!

With two members of my home club being auctioned off (Ryan Chang, Division 7 South LTG and Larmon Luo, International Trustee), this year promises to be the most exciting that my club and I have ever witnessed.



Also, with all the work that my division and

club has spent practicing cheers, and even more, the work that we have spent raising money for Pediatric Trauma Prevention, I would love to see Division 7 South win awards for being most spirited and raising the most money. Of course, all the divisions at Fall Rally North will provide intense competition in both fields, which just adds more to the thrill of Fall Rally.

Finally, after the speeches and the auctions, we get to spend some time on the rides! Don't get me wrong, I come to Fall Rally to raise

PTP, but getting to go on the rides is definitely a big reason why I go to Fall Rally. There can't be 10 minutes of silence when I don't hear some Key Clubber asking "How do you feel?!", or challenging another division to a spirit battle. Just like District Convention, Fall Rally is the perfect time to get to know your own club and division, but also, your rival divisions. Truly the most spirited and largest Key Club event before District Convention, Fall Rally is something that you cannot miss. I hope you see all you Key Clubbers out there!



Celena Nguyen | DIVISION 04N | RAHS Key Club

Upcoming Events

On the day of July 25, 2009, all of Region 3 gathered together at Huntington Beach to enjoy the annual Beach Boomba social event. It took place on Brookhurst and Pacific Coast Highway between towers 2 and 3. As KEY Clubbers arrived one by one, they all signed in and paid \$5 for their lunch and dinner. All the divisions took part in fun games such as tug-o-

war, pie-ing our LTGs, and water balloon rights. Together, we bonded and met new KEY Clubbers. At promptly 2:00PM, the divisions broke off into their respective groups and commenced with their July DCM. Division 4 North's DCM was very informative. We chose a new t-shirt design for 2009-2010 KEY Club year and discussed fundraiser events for PTP. The rest of the day went by as scheduled, with deli-

cious food and fun games. Music was played all throughout the day and you could see many friends dancing together on the hot sand. At night, the bonfire pit was lit as everybody huddled together and enjoyed a nice conversation over s'mores. To keep a long story short, Beach Boomba was by far the best summer event I've attended this year!

Raymond Wong | DIVISION 07S | Franklin

Ronald McDonald House

One of my favorite events that I went to so far is the Ronald McDonald House up near Sacramento. This place is where Ronald McDonald House supports families and children who are undergoing treatment. This is a place where families can stay together and be comforted and cared for during their stay. For over 35 years, they helped improved the lives of the families and their children and with our help, it makes the place much more nicer for people to enjoy.

I had a great time being part of this wonderful organization and being involved with this event. During the

event our club's assignment is to make the area as clean as possible. We had to pick up trash and what's worse is pulling out weeds. That's right...taking out weeds. There were some of the worst kinds of weeds just growing out in the back and also in the front of the house. This was a tough job to do with just one person doing it. With the help of my friends, we tackled through the toughest kinds of weeds, the ones that had prickles sticking out. I got pinched by one of them, and it really was painful, like getting stung by a fire ant.

After the event, the employees gave the volunteers a tour around the area. It was a pretty nice place overall. Each person has

their own room and an area where everyone can talk with each other. They even have their own kitchen that everyone can use with great service.

This is one of the most interesting and fun events that I been going to so far. Hopefully if anyone who did not sign up for this event, make sure to sign up for it. Even though pulling weeds and cleaning up might be tiring, it will make the job quicker and fun if you invite your friends over to help.

OFFICER TRAINING CONFERENCE

I've been president for almost four months, and it is definitely a rewarding experience. You learn a lot along the way as president through various ways: trial and error, communicating with past officers, and asking for help from your advisors. However, an efficient way of improving your leadership skills is attending the annual officer training conference.

Ryan Chang, Division 7 South's Lieutenant Governor, scheduled the OTC on June 20, 2009. I, of course, attended the president's workshop, led by our International Trustee, Larmon Luo, and Daniel Pham, an Immediate Past president.

Larmon and Daniel did an excellent job on their presentation. They connected with the rest of the presidents, understanding the problems associated with teenage life: schoolwork, relationships, and jobs, and explaining how to balance being a role model in Key Club along with those troubles. It helped me prioritize and balance my life.

Near the end of the workshop, each president would write down specific goals: member recruitment, Fall Rally and District Convention attendance, and the number of

awards. As I look back on these goals, I can honestly say I got nervous. I realized how ambitious my goals are, maybe too ambitious. But then I told myself, the higher you aim, the more motivated and more effort you will forth into fulfilling your goals. Setting the bar high is definitely an efficient way of obtaining hard-to-reach, yet reachable goals.

I've learned a lot in that two hour workshop. I've learned that it's a real motivator to establish goals. I've learned that communication is one of the KEYS to success - communicate with your board, your advisors, your LTG, and most of all, your members. I've learned that it's important to remain calm, and when it may seem like the perfect time to get into the dreaded sweaty panic mode—DON'T! Take a breather, relax, and write down every single thing that needs to be done. It's an amazing feeling after accomplishing each item on your to-do list. I've learned that you are never alone; you have people that will support you and will guide you along the way. And most of all, I've learned how important leadership is [not that, of course, I didn't realize it before]. After training, it just hit me at how much the club relies on the spirit, ambition, and motivation of the president. It's a lot of pressure, but I know in the end everything

will pay off.

Our OTC was a real motivator, getting me both excited and nervous for the year. But I was more prepared due to the knowledge I've obtained from role models with direct experience. I'm pumped, and ready to take on the challenge of helping lead my club to a whole new level!



Division 7 South presidents after OTC

“Leadership is action, not position.”
-Donald H. McGannon

TINA HO | DIVISION 4 N | BOLSA GRANDE HIGH SCHOOL

BASKETBALL TOURNAMENT

Every year, Bolsa Grande's varsity basketball team has a tournament held at school where many schools come and battle it out on the courts during the summer. Bolsa Grande Key Clubbers come in when help is needed at the snack bar and doing the statistics for the games. The varsity basketball summer league tournaments last for hours for several days. With the many hours needed for us to volunteer, we always have the willing to give a helping hand. At the snack bar, we helped sell numerous treats for the spectators and athletes attending the tournament. We also refilled the cooler with hundreds of

bottles of drinks and restocked the table with candy. Many parents, children, and friends came to support the team by purchasing the items we were selling. They talked about how proud they were of their players on the courts and their appreciation of us coming out every week to sell food to fundraise for the basketball team. Knowing this, we felt more inside and that motivated us to come back the next several weeks to give in a helping hand for our basketball players. While some Key Clubbers were selling snacks, others were watching the game intensely to do the statistics. Whatever the referees told us to do with the point system, we did it. After several matches and hours had passed by, it

was time to clean up. We tidied up the benches where the audience sat to watch the basketball games. There were hundreds of bottles and cans from the thirsty audience and we were proud to collect them since it was part of our District Project to recycle and make the earth a better place for the future. Also, we closed down the snack bar and put all the food away. Once we the gymnasium looked as clean as it did when we arrived, it was time to go home and anticipate the upcoming week helping out at the Bolsa Grande varsity basketball summer league tournament.

Polly Huang | DIVISION 4E | Canyon

Rebuilding Together OC

Although summer is a time for relaxation, it is also the perfect time to serve it up! Just because it is summer time does not mean that our homes, schools, and communities do not need us.

This past month, Division 4 East participated in the Rebuilding Together Orange County Event. Rebuilding Together is an organization that aims to fill the needs of our communities. At RTOC, we went to the Orange Village Mobile Home Park and repainted numerous homes of senior citizens. It was inspiring to see so many other volunteers there - mothers with the daugh-

ters/sons, families, and other Key Clubbers.

The event lasted for the majority of the day and although it took place on a Monday, the turn out of volunteers was incredible. A realization hit me that even with everyone's busy schedules, they still make time for community service. It has become a priority to serve our communities and I only hope that this passion for service continues.

Rebuilding Together Orange County has been my favorite Key Club service project thus far because I was able to make an immediate difference in someone's life. The houses that were being repainted were facing

citations by the housing manager. This meant that if they were not able to meet the paint codes, they would be asked to leave.

Being able to make this seemingly small difference in someone else's life made a huge impact on my own life. In addition, I was able to meet various other Key Clubbers and individuals through this service project and I believe that this is a phenomenal service project that every club should participate in.

MEMBER RECRUITMENT

Kenneth D. Tran | DIVISION 35W | Glendora High School

Revising recruitment-

TIPS?

- Don't mention the club dues at Club Rush
- Be enthusiastic, loud, & nice
- Learn names
- Tell them about Fall Rally & DCON
- Shirley Lam

Planning started early in preparation for the '09-'10 Key Club at Glendora High School. While clubs as a whole slow to a stand still over the three month period of relaxation and paradise students refer to as "Summer Break", seven dedicated Key Club board members banded together to improve on a previously successful year. President Sri Rallabhandi comments, "Although our club was strong at a solid number of 54 this past year, we are looking to make this year a milestone in Key Club history at our school by attempting to break triple digits in membership while maintaining a 75% activity rate."

" We plan to make a video...like How to Be a Ninja by NigaHiga, but instead How to Be a Keyclubber ...it will be funny, but informative...advertise that we are giving free food. "

-Michelle Le

Communication

One of the biggest limiting factors

hindering the ability of clubs on the Glendora campus is the lack of communication. Being limited to four bulletin boards for posters and weekly—as compared to daily—announcements of club meetings, the officers sought to overcome this obstacle in a way no other club had imagined.

"...this year, we'll be advertising way before club kickoff itself. "

-Joanne Esteban

With the launch of a website, Key Club will be the only club on campus to currently have a consistently updated resource for members to refer to for information presented at club meetings as well as a full calendar of events to come.

In addition to this, the officers have arranged to reform the ways in which members interact while at club meetings and just around school. In the past years, the club has been very divided due to the molded pattern of forming cliques. To dispel this social awkwardness and division, the officers have arranged to hold ice breakers at the beginning of each meeting as learned from Divisional and Regional Meetings. These ice breakers have been arranged to be held as early as the school wide "Club Week", where each club is given an opportunity to showcase its activities, contributions, and opportunities it provides.

Showcasing

Fashion has always been a core aspect of the high school lifestyle. Students have developed niches in style by which they dress by on a daily basis. Officers have arranged for the design of a "socially acceptable and attracting" T-shirt for members to wear to represent their pride and contribution to the club and to the community. As observed in many other cases, these eye-catching forms of apparel will morph the student into a walking billboard, intriguing and encouraging other less ambitious students to attend and eventually integrate themselves within the club.

While in competition with other largely popular clubs on campus, attracting new members will be no easy feat, yet the officers of the '09-'10 Key Club at Glendora High School are convinced that they will stand victorious in the recruitment brawl.

" One tactic my club uses ... build huge cardboard body signs and walk around campus advertising Key Club. Not only do we get to look stylish...but it's something no other club does. "

-Jennifer Zhang



Alexis Taitel | DIVISIONS 23/45 | Reno High Key Club

Alex's Lemonade Stand Foundation

This summer, I organized a division-wide fundraiser through an organization called Alex's Lemonade Stand Foundation, which raises money for childhood cancer research "one cup at a time."

The organization was founded by a four-year-old girl, Alexandra "Alex" Scott, who was diagnosed with a form of childhood cancer before the age of one. She held lemonade stands up until her tragic death at the age of eight, raising over \$1 million for cancer research. As of today, Alex's Lemonade Stand Foundation (ALSF) is a national organization

that has raised over \$25 million to support more than 80 different research projects. ALSF is supported by individuals and groups who hold lemonade stands across America every day.

We had about six volunteers helping at our division-wide event, and we raised \$173 for ALSF! I have found that the best way to raise money is by not setting a specific price on the product. Instead of saying, for example, that each cup of lemonade cost \$1, we told customers that we were accepting donations. That way, people were unsure of how much to donate, so they typically donated more. We received payments of up to \$20

just from one person alone!

To get started, visit ALSF's website, www.alexlemonade.org, and register a stand. They will send you an envelope full of materials to get your stand moving, such as posters, banners, coupons for lemonade mix, and more. Once you receive the packet in the mail, simply hold your stand, and send in the money in the pre-paid envelope they provide you with. It's so easy!

Good luck, and I hope you support the cause and raise money for childhood cancer research!

JULIE NGUYEN | DIVISION 07S | MONTEREY TRAIL

Kiwanis Meeting

At 7:00 am, I arrived at our biweekly Kiwanis meeting at Denny's with Laguna Creek. It was a special occasion with many visitors and a guest speaker. There was a high attendance at the meeting. Many Key Clubbers from my school attended, [including] our IP vice president, Crystal Huynh. She was excited to be there and wanted to contribute as much as possible. The usual group of Laguna Creek Key Clubbers came and even Elk Grove students stopped by. Unfortunately, Elk Grove's Key club was suspended a few years ago, so they were hoping to reestablish Key club at their school with the help of our Kiwanis. Students of Circle K from UC Davis and Sacramento State came as well in honor of Rolfe Appel for his hard work with the latest local Kiwanis fireworks fundraiser. These students all volunteered shifts at the fireworks fund-

raiser that the Kiwanis held at a local Sam's Club. Rolfe was in command of the booth. Being extremely dedicated, he slept overnight near the booth and patrolled the fireworks supply for almost a week to protect them from theft. Everyone appreciated the work that Mr. Appel has done, and this meeting took place in his honor and recognition. Everyone got the chance to sign his 'Thank You' poster and gave him a round of applause. The meeting began with the call to order by President Weston. The flag salute and opening prayer was led by Sacramento State's President, Victor Chan. Michelle Zhu, Monterey Trail's IP president of 2007-2008 and Sacramento State's vice president gave a long and heart-warming speech to thank Rolfe for all that he has done. Later on, a representative from the Court of Dreams program spoke about selling basketball tickets, which gives local children the chance to watch a Monarchs Basketball

game. There were flyers with pledge forms to make purchases. The program itself is a competition between national basketball teams; the winner in return would win money for a local charity project of their choosing. The Kiwanis were very kind in buying our breakfast during the meeting. Several formalities were taken care of such as approving the last meeting's minutes, club updates from Monterey Trail and Laguna Creek, district news, and more. Dan Birks, President Elect just came back from the International Kiwanis Convention in Tennessee and brought back souvenirs for everyone. At the meeting, Key Clubbers also had the opportunity to sell cookie dough for the PTP fundraiser for the division. The meeting ended with the adjournment from President Weston and a smile.

EYVETTE SOU | DIVISION 07S | SHELDON

Favorite Summer Event

Throughout the summer of 2009, Division 7 South has been busy with many Key Club events. Most of these events are mainly focused on fundraising money for Fall Rally North and PTP. Many of Sheldon High School Key Club members have enjoyed a majority of these events. However, the one event that each of members who attended will always remember would be our own personal car wash.

Most of our members have been busy throughout the entire summer. While planning out the only car wash Sheldon would have this summer, the officers were hesitant whether or not the members would actually be free on the date. With many phone calls and e-mails being sent out, we eventually had an estimate on how many members would show up. We were confident that at least 15 members would attend, and that was well enough for us.

Even though we had our attendance settled, we still worried about needed materials. Sheldon had less than a week to get the needed materials, like posters, soap, canopy, sponges, etc. Majority of our officers were worried that on the day of the event, we would have enough towels, sponges, and soap.

However, some of our diligent officers and helpful members joined together and Sheldon was able to pull through with no problems. Because we had decided to have additional materials, we were able to pull through the car wash with no apparent problems.

On Sunday, August 2, 2009 around 10:00 A.M., Sheldon's car wash had finally started. Both our president and vice-president, which is I, had appeared in front of our car wash location, Boba Tea House with cars full of supplies and members. We quickly unloaded the necessary supplies and set up our canopy and chairs. Even though our event had just started, many of our members were already laughing and enjoying their time setting up. Many of Sheldon's members were excited when our first car pulled up and announced that they wanted a car wash. We hurried along trying to finish the car quickly, yet at the same time, many were trying to figure out how to avoid becoming wet when the hose had apparently slipped. It was an amazing beginning to our car wash, with many laughter and smiles.

Half way into our car wash, we had decided to count our members to make sure they had signed in. With much joy, our officers are proud to announce we had over 20 members attend (not including officers). However, what touched both our officers

and members the most were the donators. There many who had came just because they wanted their car washed, but there were others who had came because they wanted to support our club. There were donators who made phone calls to others, so that they could get them to come. There were donators who donated over \$50 because they were happy that we were fundraising to go to Fall Rally North for PTP. Sheldon members were proud to have met and acquaintance ourselves with them.

Even though our officers had a rough time planning out the entire event, they had ended up enjoying every second of it. In addition, our members had enjoyed washing cars, playing and socializing with others, and watching the many kind people who would pull up to our car wash. Sheldon is proud to have accomplished our first independent event with full success. With the help of our great officers and lovable members, Sheldon High School Key Club was able to raise and exact \$300.61 for our future trips. With no hesitation, this car wash would be Sheldon's most favorable event this summer.

RAPHAEL NGUYEN | DIVISION 04N | BOLSA GRANDE HIGH SCHOOL

WADY FOOD DISTRIBUTION

Every month, our Key Club attends the monthly WADY event. I love attending this event because interacting with the elderly people gives me a good inner feeling. On Saturday mornings, we headed toward the retirement home, where we waited for the boxes of food from the OC food bank to get dropped

off. The food would be delivered to the elderly at the retirement home. As the truck unloaded the boxes, we stacked the boxes into our strollers to deliver the food. I delivered the boxes to the elderly and they were very happy to receive their boxes. Because I've been to this project many times, I recognized some of the elders and they were happy

to see me again. When I dropped off the box, they told me that couldn't wait to see me the next month. After delivering countless boxes, the day ended, but my inner feeling of accomplishment didn't.

Sara Clayton | Division 41 North | Northwood High School

My Summer with Key Club

I knew this summer wasn't going to be one of my better ones thanks to SAT Boot camp and an abundance of AP homework that sits, collecting dust, under my bed. On the other hand, there was one thing that made my summer a little more... happy J (You guessed it - Key Club!) I made use of the little time I had and began to remodel the Northwood High School Key Club Website, start my President's binder, and plan the rest of the Katie Wheeler Storytimes. Although getting a head start is nice and all, the thing that really made my summer better was Beach Boomba.

I had attended Beach Boomba last year and, I'll admit, it was pretty bad. The schedule was up in the air. We decided to go to the ocean, but by the time we came back, there wasn't any lunch left over for us. We were sunburned, grumpy, and hungry (trust me, you don't want to come near me when I'm like that). This year, on the contrary, surprised me because it was so fun and, thankfully, organized. There was time to go to the ocean, plenty of fun games, like tug-of-war and the relay race, and of course, food! Even though I came home sunburned, I was not grumpy nor was I hungry. I was smiling from ear to ear.

So far, my summer isn't as bad as I thought it would be. SAT Boot camp has actually helped me (I've broken 2000 four times!) and I've learned a lot, both academically and socially. AP homework isn't as bad as I expected - European history turned out to be pretty interesting (although I haven't started AP Biology...). And Key Club? Well, our club is going to have our August Dinner Night, Acknowledging Heroes Day, and September Katie Wheeler Storytime soon enough... and the service begins!

POLLY CHEN | DIVISION 35 W | BALDWIN PARK

Favorite summer event?

Summer, the longest break of the year, is also the perfect time of the year to just hit the beach, feel the sand between your toes, and kick it with Key Club!

That's right! The best summer event has got to be the very first annual regional beach clean up!

For the first time ever, divisions 10N, 10S, 35W, 35E battled it out for the spirit stick!

What did it take to win the spirit stick? It took persistence, competition, determination, and spirit, of course! All the divisions displayed these char-

acters and represented, but the division that really took them out was... you guessed it: Division 35 West! With the combined efforts of each member, they picked up an enormous portion of the beach litter and displayed a notable amount of spirit and persistence in the relay!

Of course, representing is a spirited way of making your division recognized, but what really made this event extraordinarily fantastic was the bond that each division had established with one another! With the ice breakers and the meet 'n greet period, the key clubbers really

warmed up to each other and stood together as one team as they cleaned the beach!

With over 60 volunteers, we picked up a vast amount of beach litter, helped our environment, and made our beach clean and beautiful. For one beautiful world, all it takes is one population.

Our beach clean-up is a perfect example of gathering for a team effort. What makes it better is that it's a team of Key Clubbers! There's nothing stronger than the heart of a volunteer.

Kevin Hu | DIVISION 34 South | Palo Alto

Campbell Relay for Life

Cancer has always been a devastating idea for youths and adults alike; a cancer diagnosis is treated as a death sentence. The American Cancer Society exists to help provide support for survivors to ensure that they are well cared for.

Every year, the ACS hosts an event called the Relay for Life around the nation; at the Relay, each team keeps a person walking around the track for 24 hours to symbolize the ongoing fight against cancer.

We started preparing for the Campbell Relay for Life by raising money as a team with carwash fundraisers aver-



aging \$100 an hour with about 20 people. We also had dinner fundraisers so that we could bond as a team while raising money for the Relay.

When we arrived at the Campbell Community Center, we helped set up for the



upcoming day. After we finished setup, everyone enjoyed relaxing under the sun (in the shade), selling cookies for decorating, and playing fun games like Apples to Apples and Monopoly.

Later, we helped to set up the Luminaria bags around the track in order to honor people who have passed away from cancer.

Each bag was personally designed to remember a loved one who passed away from the dreadful disease.

After watching a beautiful sunset, our division enjoyed playing glow in the dark Capture the Flag (set up by Calvin Wang of Lynbrook) and Ultimate Frisbee.

By the time the Relay ended at 10 am on Sunday, we were all tired from walking around the track and playing games. Fortunately, everyone was



able to safely return home, making this summer event a great success.

KIM VO | DIVISION 04N | RANCHO ALAMITOS HS

BEACH BOOMBA

On July 25, 2009, all of Region 3 gathered together at Huntington Beach to enjoy the annual Beach Boomba social event. As Key Clubbers arrived, they signed in and paid \$5 for their lunch and dinner. All the divisions took part in fun games such as tug-o-war, pie-ing our LTGs, and water balloon rights. Together, we

bonded and met new Key Clubbers. At 2:00PM, the divisions broke off into their respective groups and commenced with their July DCM. Division 4 North's DCM was very informative. We chose a new t-shirt design for 2009-2010 Key Club year and discussed fundraiser events for PTP. The rest of the day went by as scheduled, with delicious food and fun games. Music

was played all throughout the day and you could see many friends dancing together on the hot sand. At night, the bonfire pit was lit as everybody huddled together and enjoyed a nice conversation over s'mores. To keep a long story short, Beach Boomba was by far the best summer event I've attended this year!

FRANCES HUYNH | DIVISION 35W | ARROYO HIGH SCHOOL

REGIONAL BEACH CLEAN-UP

The summer season came as fast as the temperature in California rose. But despite the hot weather and end of the school year, Region 13 continued to work their hardest by helping out the community.



It was a bright and beautiful morning when many dedicated members from Division 10N, 10S, 15, 35E, and 35W met near Santa Monica Pier on August 8th. Prepared and determined to clean up the beach, the Key Clubbers were anxious yet excited.

But before the beach clean-up would actually start, Lieutenant Governors Chloe Hsia (10N), Kayla Huynh (10S), Brian Mangunsong (15), Kevin Lu (35E), and 35W's very own Hue

Tran introduced themselves to all the members. To get everyone into the Key Club spirit, the LTGs also gave short yet meaningful inspirational speeches. The members were thrilled before the event even started! After the introductions, the LTGs led the rest of the members to several interesting icebreakers that would allow the Key Clubbers to interact, mingle, and have fun. Games such as Swap the Deck!, Pterodactyl, and Ninja lightened up the mood considerably and gave everyone lots to laugh about. LTG Brian Mangunsong excelled at Pterodactyl, an icebreaker where players sometimes battled it out screaming at each other like birds. The icebreakers were a bit on the silly side, but they seemed to loosen up any awkward tensions between members that did not know each other.

Following the icebreakers was a race. The different divisions competed against each other for points that would determine which division would win the Spirit Stick provided by Division 15 at the end of the day. After all the fun games and lunch break, it was finally time to get down to business (or volunteer work)! Each division split up into several smaller groups and

roamed around the beach looking for trash. Once all the possible trash was picked up, many members decided to also help beachgoers by asking for any trash they had.

As the sun was about to set to end the day perfectly, the division with the most collected bags of trash was awarded the Spirit Stick. Smiling and proud, Division 35 West won! It was an amazing summer day. Leaving Santa Monica Beach cleaner than it was when they arrived and raising money for PTP research with the profit from pizza sales, Region 13 was motivated to volunteer even more at the end of the event. It was a day to remember. The divisional Key Clubs felt more united as a region and more proud to be part of Key Club – if that was even possible. As summer comes to a close, many members will be sad to say goodbye to the long days of relax and leisure, but Region 13 will be more than excited for the start of a new school year and more community service events. “HOW DO YOU FEEL?” – good? No, we feel GREAT! [:



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